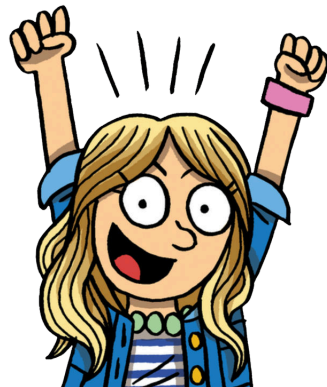




# MARCH GLADNESS BRACKET WOW-TO

Happy March Gladness! Here's how you and the kids in your life can create a **head-to-head tournament of gladness!**

1. **Print a copy of page 2 of this document** for each member of your family.
2. In the rectangles on the far left and right of the page, **write 16 people, things, places, etc. you're glad are in your life.**
3. Then, choosing between two options at a time, **select the one thing** you're glad about to advance to the next round! You'll write this on the line next to the bracket.
4. Continue step 3 for each round this until you **choose the winner** of your March Gladness tournament!
5. Once you're done, **take a photo of your brackets** and **tag us on social @wowintheworld.**
6. For extra WOW and gladness, you **listen to our episode** about the science of why gratitude is good for you at the QR code below!





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