



NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

RECIPE INSPIRED BY

## ★ Now Watch Me Drip Drip: ★ The Science Of Slower Melting Ice Cream

### PEANUT BUTTER BANANA ICE CREAM

Bananas and peanut butter are a classic combination. If you like this combo as a snack, then you'll go bonkerballs for this recipe!!! Creamy, cold and made with just three simple ingredients.

#### INGREDIENTS

- \* 4 ripe, frozen bananas
- \* 2 tablespoons peanut butter
- \* 2 teaspoons coconut oil

RECIPE  
WOW TO:



- 1** Slice up the frozen bananas into  $\frac{1}{2}$  inch thick rounds.

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- 2** Place frozen bananas, peanut butter and coconut oil into a food processor (or blender) and puree until smooth and creamy.

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- 3** If you like a soft serve consistency, serve it right up! Or refreeze for a firmer, hard ice cream consistency by spooning the mixture into a container and re-freezing for at least an hour.

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- 4** Enjoy your sweet treat!