



BOOKLIST

TASTE

booklist inspired by
Tuna a Meal Fit For a Cat



A Sundae With Everything On It, by Kyle Scheele & Andy J. Pizza (really) (4-8). A physicist mom takes her kid for an out-of-this-world ice cream sundae in an imaginative and brightly illustrated adventure for taste buds. **Fiction.**

Just Try It! by Phil Rosenthal et al. (4-8). Research indicates it takes 8-15 tries before we like a new food, but caregivers of picky eaters will appreciate how a food truck gathering helps Lil come to enjoy dishes she'd previously rejected. **Fiction.**

Kalamata's Kitchen: Taste Buds in Harmony, by Sarah Thomas & Jo Kosmides Edwards (4-8). As Kalamata and her friends prepare a dance routine for a talent show, they take inspiration from flavorful ingredients—like tangy tamarind and spicy chilis—they find during a snack break. **Fiction.**

Tasting, by Claire Capriolli (5-7). Part of a series on the five senses, this beginning reader includes sophisticated vocabulary and hands-on activities for enhanced learning. **Nonfiction.**

How Does Chocolate Taste on Everest? by Leisa Stewart-Sharpe & Aaron Cushley (6-9). Extreme environments bring new sensory experiences, and this survivalist guide visits 11 far-flung locales to introduce unusual sensory experiences at each. (Did you know piranha tastes weirdly muddy?) **Nonfiction.**

Starting From Scratch: What You Should Know About Food and Cooking, by Sarah Elton & Jeff Kulak (10+). An holistic introduction to eating attuned to your body, this covers taste and senses as well as thoughtful conversations on food ethics and recipe troubleshooting. **Nonfiction.**